

Welcome from Revd Jan Moore

An Opening sentence from the Book of Common Prayer

To the Lord our God belong mercies and forgiveness, though we have rebelled against him: neither have we obeyed the voice of the Lord our God, to walk in his laws which he set before us

Dearly beloved, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy. And although we ought at all times humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul. Wherefore I pray and beseech you, as many as are gathered, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace, saying after me:

Confession

Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, according to thy promises declared unto mankind in Christ Jesu our Lord: and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. **Amen.**

Absolution

May the Father of all mercies Cleanse us from our sins and restore us in His image, to the praise and glory of His name, through Jesus Christ our Lord. **Amen.**

Responses

Priest. O Lord, open thou our lips.
Answer **And our mouth shall shew forth thy praise**

Priest O God, make speed to save us.
Answer. **O Lord, make haste to help us**

Priest: Glory be to the Father, and to the Son, and to the Holy Ghost;
Answer. **As it was in the beginning, is now, and ever shall be, world without end. Amen**

Priest. Praise ye the Lord.
Answer. **The Lord's Name be praised.**

Venite, Exultemus Domino (Psalm 95)

O come, let us sing unto the Lord :
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving :
and show ourselves glad in him with psalms.
For the Lord is a great God :
and a great King above all gods.
In his hand are all the corners of the earth :
and the strength of the hills is his also.
The sea is his, and he made it :
and his hands prepared the dry land.
O come, let us worship and fall down :
and kneel before the Lord our Maker.
For he is the Lord our God :
and we are the people of his pasture, and the sheep of his hand.
Glory be to the Father, and to the Son : and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
world without end. **Amen.**

First Reading (Old Testament) Genesis 18: 22-24, 26-28, 30-33 NIV

The men turned away from Abraham and went toward Sodom, but Abraham remained standing before the Lord and said: "Will you sweep away the righteous there with the wicked? ²⁴ What if there are fifty righteous people in that city? Will you not spare the place for the sake of the fifty righteous people in it? Will not the Judge of all the earth do right?" The Lord said, "If I find fifty righteous people in the city of Sodom, I will spare the whole place for their sake." Then Abraham spoke up again: "Now that I have been so bold as to speak to the Lord, though I am nothing but dust and ashes, ²⁸ what if the number of the righteous is five less than fifty? Will you destroy the whole city for lack of five people? "If I find forty-five there," he said, "I will not destroy it." Then Abraham said, "May the Lord not be angry, but what if only thirty can be found there?" The Lord answered, "I will not do it if I find thirty there." Abraham said, "Now that I have been so bold as to speak to the Lord, what if only twenty can be found there?" He said, "For the sake of twenty, I will not destroy it." Then he again said, "let me speak just once more. What if only ten can be found there?" And the Lord answered, "For the sake of ten, I will not destroy it." When the Lord had finished speaking, he left, and Abraham returned home.

Psalm for the Day - 25 v1-9 - Of David.

¹In you, Lord my God, I put my trust.

²**I trust in you; do not let me be put to shame, nor let my enemies triumph over me.**

³No one who hopes in you will ever be put to shame;

but shame will come on those who are treacherous without cause.

⁴**Show me your ways, Lord; teach me your paths.**

⁵Guide me in your truth and teach me;

for you are God my Saviour, and my hope is in you all day long.

⁶**Remember, Lord, your great mercy and love; for they are from of old.**

⁷Do not remember the sins of my youth and my rebellious ways;

according to your love remember me, for you, Lord, are good.

⁸**Good and upright is the Lord; therefore he instructs sinners in his ways.**

⁹He guides the humble in what is right; and teaches them his way.

Glory be to the Father, and to the Son : and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen

Second reading (New Testament) - Mark 1: 9-13

At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased." At once the Spirit sent him out into the wilderness, and he was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and angels attended him.

Jubilate Deo - Psalm 100

O be joyful in the Lord, all ye lands : serve the Lord with gladness, and come before his presence with a song.

Be ye sure that the Lord he is God : it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

O go your way into his gates with thanksgiving, and into his courts with praise : be thankful unto him, and speak good of his Name.

For the Lord is gracious, his mercy is everlasting : and his truth endureth from generation to generation.

Glory be to the Father, and to the Son : and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be : world without end. Amen.

The Apostles' Creed

I believe in God the Father Almighty, Maker of heaven and earth:

And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried:

He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; The holy Catholick Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. **Amen.**

Minister. The Lord be with you.

Answer. **And with thy spirit.**

Minister. Let us pray. Lord, have mercy upon us.

Answer. **Christ, have mercy upon us**

Minister Lord, have mercy upon us.

The Lord's Prayer

Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. **Amen.**

Responses

Minister. O Lord, shew thy mercy upon us.

Answer. And grant us thy salvation.

Minister. O Lord, save the Queen.

Answer. And mercifully hear us when we call upon thee.

Minister. Endue thy Ministers with righteousness.

Answer. And make thy chosen people joyful.

Minister. O Lord, save thy people.

Answer. And bless thine inheritance.

Minister. Give peace in our time, O Lord.

Answer. Because there is none other that fighteth for us, but only thou, O God.

Minister. O God, make clean our hearts within us.

Answer. And take not thy Holy Spirit from us.

BCP Collect for the 1st Sunday of Lent

O Lord, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen

Collect, for Peace

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

Collect, for Grace

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. Amen.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.

Reflection - for the 1st Sunday of Lent

Intercessions

The Blessing

Christ give you grace to grow in holiness, to deny yourselves, take up your cross and follow him
And the blessing of God Almighty, Father, Son and the Holy Spirit,
Be among us and remain with us always, Amen.